

# St. Louis Area Resources for Women and Children

**Provided by**  
**Communicators for St. Louis Sisters**

**MEMBERS:**

Adorers of the Blood of Christ  
Daughters of Charity of St. Vincent DePaul  
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Sisters of St. Joseph of Carondelet  
Sisters of the Most Precious Blood of O'Fallon  
Society of the Sacred Heart  
Ursuline Sisters of the Central Province

[www.stlcatholicsisters.org](http://www.stlcatholicsisters.org)

## **AFRICAN-AMERICAN ISSUES**

### **Nia Kuumba**

314-771-2074 or 314-771-0006

*A center of spirituality and an oasis of peace for African-American and African women age 18 and older. Offers individual spiritual direction, days of prayer, retreats and teen-mom mentor training.*

### **WomanSpirit, Inc.**

Imani Family Center

6350 Garesche

St. Louis, MO 63136

314-381-1915

*A neighborhood self-help group serving the needs of low-income African-American women and children. Focus is on capacity building for women and their organizations*

## **COUNSELING**

### **Centers for Professional & Pastoral Services**

8420 Delmar Boulevard, Suite 209

St. Louis, MO 63124

314-993-8818

141 N. Meramec, Suite 205

St. Louis, MO 63105

314-334-3377

### **The Family Center**

24 N. Gore, 2nd floor south

St. Louis, MO 63119

314-963-9600

### **Psychological Services**

Mercy Doctors Building, Suite 672A

621 S. New Ballas Road

St. Louis, MO 63141

## **DOMESTIC VIOLENCE**

### **Lydia's House**

P.O. Box 2722 St. Louis, MO 63116

314-771-4411

[www.lydiashouse.org](http://www.lydiashouse.org)

*Provides transitional housing for up to two years for abused women and their children as part of its mission to end domestic violence by being a place of healing and a voice of hope.*

## **(Domestic Violence, Continued)**

### **Woman's Place**

7372 Marietta Avenue  
St. Louis, MO 63143  
314-645-4848

*A safe haven of hospitality and compassion for women who have experienced violence in their lives. Core services include support groups, crisis intervention and case management.*

## **EDUCATION**

### **Academy of the Sacred Heart**

619 North Second Street St. Charles, MO 63301 636-946-6127  
[www.ash1818.org](http://www.ash1818.org)

*The area's largest independent, private elementary school (pre-primary (age 4) to grade 8) that bases its education on faith, intellectual values, social action, community and personal growth.*

### **Marian Middle School**

3112 Meramec Street  
St. Louis, MO 63118  
314-351-7674

*Serves girls in grades 6 to 8 who are having trouble succeeding in the regular classroom but, because of their academic ability, are candidates for college-preparatory high school and college. Tuition is based on family income.*

### **Nerinx Hall High School**

590 E. Lockwood Avenue  
Webster Groves, MO 63119  
314-968-1505  
[www.nerinxhs.org](http://www.nerinxhs.org)

*A Catholic, college-preparatory high school for young women, grounded in the belief that educated, caring, empowered young women are essential to our world.*

### **Notre Dame High School**

320 E. Ripa Avenue  
St. Louis, MO 63125  
314-544-1015  
[www.ndhs.net](http://www.ndhs.net)

*A college-preparatory academic program to empower young women (grades 9-12) of diverse abilities to become competent, compassionate, Christian leaders.*

**(Education, continued)****Notre Dame Preschool**

320 E. Ripa Avenue  
 St. Louis, MO 63125  
 314-633-7029

*Provides a Catholic learning environment in a loving atmosphere to help each child reach the fullness of his/her potential as created in God's image. Program includes Catechesis of the Good Shepherd.*

**Notre Dame Learning Center**

320 E. Ripa Avenue  
 St. Louis, MO 63125  
 314-633-7027 or 314-633-7026

*Provides tutoring, recovery credit and alternative learning for students K-12.*

**St. Elizabeth Academy**

3401 Arsenal Street  
 St. Louis, MO 63118  
 314-771-5134

[www.stelizabethacademy.org](http://www.stelizabethacademy.org)

*A private Catholic high school for girls where the motto is "Developing the successful woman inside each girl."*

**St. Joseph's Academy**

2307 S. Lindbergh Blvd.  
 St. Louis, MO 63131  
 314-965-7205

[www.stjosephacad.org](http://www.stjosephacad.org)

*College-preparatory high school that challenges young women to grow in faith, knowledge and respect for self and others.*

**Ursuline Academy of St. Louis**

341 S. Sappington Road  
 St. Louis, MO 63122  
 314-966-3706, ext. 1208

[www.ursulinestl.org](http://www.ursulinestl.org)

*Catholic college-preparatory high school for young women that educates students for Christian living and leadership in a global society, stressing development of the whole person and cultivating a spirit of lifelong service.*

**(Education, continued)****Villa Duchesne/Oak Hill School**

801 S. Spoede Road  
 St. Louis, MO 63131  
 314-432-2021

[www.vdoh.org](http://www.vdoh.org)

*Independent Catholic school for students in grades pre-K through 12 (girls only 7-12) based on faith, intellectual values, social action, community and personal growth.*

**HEALTH CARE****“Footprints” at Cardinal Glennon Children’s Hospital**

1465 S. Grand Boulevard  
 St. Louis, MO 63104  
 314-268-4110 or 877-557-2847

[www.footprintsatglennon.org](http://www.footprintsatglennon.org)

*Provides resources and support so all children with life-threatening illnesses and their families can live full lives along their journey. The staff works with families on an ongoing basis to identify those issues which may become difficult while caring for their child, and will advocate to see those issues are resolved.*

**Lead Safe Blocks/St. Louis Lead Prevention Coalition**

2256 South Grand, Second Floor  
 St. Louis, MO 63104  
 314-664-9922

*Provides information about lead and asthma to immigrants who do not speak English.*

**The Walker Scottish Rite Clinic for Childhood Language Disorders of St. Louis, Inc.**

3632 Olive Street  
 St. Louis, MO 63108  
 314-533-7415 or 800-358-5656

[www.srclinic.org](http://www.srclinic.org)

*Teaches children ages 2-6 with speech and language disorders the communication skills necessary to succeed in school and throughout their lives.*

## **HOUSING**

### **Intercommunity Housing Association (IHA)**

314-664-6811

*Makes it possible for low-income families to fulfill their dream of living in stable housing. Tenants at IHA's two apartment complexes pay rent based on their income. Adult residents are also provided classes on parenting, resume writing, job interviewing and budgeting. Volunteers assist the children with school work and help them develop interpersonal and leadership skills.*

## **IMMIGRANTS AND REFUGEES**

### **Center for Survivors of Torture and War Trauma**

1077 S. Newstead  
St. Louis, MO 63110  
314-533-4144

[www.stlcenterforsurvivors.org](http://www.stlcenterforsurvivors.org)

*Committed to facilitating the healing process for refugee and immigrant survivors of torture and war and their families, by providing culturally appropriate holistic mental health and support services, advocacy, and community education.*

### **English Tutoring Project**

4330 Olive Street  
St. Louis, MO 63108  
314-265-3683

*Provides free tutoring services for the children of immigrant and refugee families in South St. Louis Catholic elementary schools.*

### **Immigrant and Refugee Women's Program**

3530 Utah Street  
St. Louis, MO 63118  
314-771-1104

[www.irwp.net](http://www.irwp.net)

*Helps women who arrive in St. Louis as immigrants and refugees emerge from helplessness and become active members of their communities. Volunteer teachers come to the homes of the women to teach them basic English and practical living skills.*

**(Immigrants, continued)****St. Pius V / Immigrant and Refugee Program**

3310 S. Grand Boulevard

St. Louis MO 63118

314.772.1525

[weindel@hotmail.com](mailto:weindel@hotmail.com)

*Part of a multi-faith ministry that seeks to welcome, assist and advocate for those new to the U.S. They make referrals for health, legal and educational issues and provide emergency assistance to those in need as resources allow.*

**LEGAL SERVICES****Catholic Legal Assistance**

322 N. Spring

St. Louis, MO 63108

314-977-3993

*A program of Catholic Charities of the Archdiocese of St. Louis, providing legal services to low-income women and children – domestic violence, custody, visitation and child support issues.*

**PRISON MINISTRY****Center for Women in Transition**

6400 Minnesota

St. Louis, MO 63111

314-771-5207

[www.cwitstl.org](http://www.cwitstl.org)

Mentors work one-on-one with nonviolent offenders before and after their release from jail or prison, helping them address problems in their lives and connecting them with social service agencies.

**Let's Start, Inc.**1408 S. 10<sup>th</sup> Street

St. Louis, MO 63104

314-231-9328 or 314-241-2324

*Provides support for women returning to society from prison, and their children and the caregivers of their children.*

**(Prison Ministry, Continued)****Prison Performing Arts**

314-727-5355

*In five state prisons and four St. Louis correctional facilities, enabling inmates to channel their energies in constructive ways in an environment of self-discipline and teamwork.*

**SOCIAL SERVICES****Almost Home, Inc.**

3200 St. Vincent

St. Louis, MO 63104

314-771-4663

*Offers a long-term transitional home for homeless teenage mothers and their children, providing education, therapeutic counseling, life skills training and support.*

**Edgewood Program**

314-251-6241

*Multidisciplinary treatment program for those with chemical dependencies and for behavioral health.*

**Guardian Angel Settlement Association**

1410 LaSalle

St. Louis, MO 63104

314-231-3188

[www.guardianangelsettlement.org](http://www.guardianangelsettlement.org)

*Assists, educates and empowers those in need in our community through appropriate programs and services to help them experience enhanced quality of life and achieve the highest level of determination.*

**Guardian Angel Settlement at Hosea House**

2635 Gravois

St. Louis, MO 63118

314-773-9027

*A food pantry and thrift shop for low-income individuals who reside in the ZIP codes of 63118 and 63104.*

**(Social services, continued)****Guardian Angel Child Care Centers**Southside location

2652 Iowa  
St. Louis, MO 63118  
314-771-6417

Northside location

818 Cass  
St. Louis, MO 63106  
314-621-2898

*Provides quality child care for those who otherwise could not afford it.*

**Karen House**

1840 N. Hogan  
St. Louis, MO 63106  
314-621-4052

*A Catholic Worker shelter for women and children.*

**Magnificat Center**

P.O. Box 18656  
St. Louis, MO 63118  
314-771-6506

[www.magnificatcenter.org](http://www.magnificatcenter.org)

*Faith-based organization active in the Gravois Park and Dutchtown neighborhoods that, with other community organizations, coordinates activities and events that strengthen families in an area with one of the state's highest rates of child abuse.*

**Nurses for Newborns**

7259 Lansdowne, Suite 100  
St. Louis, MO 63119  
314-544-3433 or 1-800-45BIRTH

*Nurse home-visiting agency for at-risk families, working to prevent infant mortality, child abuse and neglect with programs that provide education, health care and positive parenting skills.*

**Our Lady's Inn**

4223 S. Compton  
St. Louis, MO 63111  
314-351-4590

[www.ourladysinn.org](http://www.ourladysinn.org)

*Emergency shelter for pregnant women in crisis.*

**(Social services, continued)****Room at the Inn**

P.O. Box 3009  
 Bridgeton, MO 63044  
 314-209-9181

*Shelter for homeless women and families. In addition to safe, clean shelter, Room at the Inn provides a comprehensive program to help participants work through the issues that caused their homelessness. Churches of all faiths across the St. Louis area open their doors on a rotating basis to provide clients with a hot meal, activities and a safe place to spend the night.*

**St. Patrick Center**

800 North Tucker  
 St. Louis, MO 63101  
 314-802-1971

[www.stpatrickcenter.org](http://www.stpatrickcenter.org)

*Missouri's largest provider of homeless services for individuals and families.*

**St. Agatha Center**

930 Whitnell  
 St. Louis, MO 63118  
 314-772-8134

*Addresses the material, educational and emotional needs of residents of St. Louis, primarily those residing within the geographical boundaries of St. Agatha Parish.*

**St. Anthony's Food Pantry**

3140 Meramec Street  
 St. Louis, MO 63118  
 314-352-1460

*Assists clients with a variety of needs such as food, hygiene products, job assistance and referrals.*

**St. Augustine Wellston Center**

(1705 Kienlen)  
 P.O. Box 11969  
 St. Louis, MO 63112  
 314-382-7158

[www.sawellstoncenter.com](http://www.sawellstoncenter.com)

*Provides food and clothing to low-income families. It is also a gathering place devoted to fostering communication and education between staff and neighborhood residents.*

**(Social services, continued)****Whole Kids Outreach**

Rt. 2 Box 301X

Ellington, MO 63638

800-760-3259

[www.wholekidsoutreach.org](http://www.wholekidsoutreach.org)*Committed to addressing the unmet wellness and developmental needs of children within their family structures.***SPECIAL NEEDS****Emmaus Homes**

2200 Randolph Street

St. Charles, MO 63301

636-946-3187

*Dedicated to enhancing the quality of life for people with mental retardation or other developmental disabilities through life experiences that enable growth and inclusion with each person's chosen communities.***SPIRITUAL DIRECTION****Holistic Empowered Living Programs (H.E.L.P.)**

2039 North Geyer Road

St. Louis, MO 63131

314-909-4668

**Mercy Center**

2039 N. Geyer Road

St. Louis, MO 63131

314-966-4313

[www.mercycenterstl.org](http://www.mercycenterstl.org)**Sr. Therese Anne Kiefer, ASC**

314-638-2948 or 618-407-8996 (cell)

*A program of Catholic Charities of the Archdiocese of St. Louis providing legal services to low-income women and children – domestic violence, custody, visitation and child support issues.*